

Revised: Feb 2026



## Mid-Sun Summer Day Camps Frequently Asked Questions

### General Information

#### **What are the hours of the camp?**

Our camps run Monday to Friday 9:00 AM - 4:00 PM, unless there is a holiday during the week. We have pre and post care options that are included in your camp cost.

Pre Care: 7:00 AM - 9:00 AM

Post Care: 4:00 PM - 6:00 PM

#### **I don't live in Midnapore or Sundance. Can we still attend camp?**

Absolutely, Mid-Sun Summer Day Camps welcome families from all over Calgary!

#### **Where is the camp located?**

We are located in the Mid-Sun Community Centre at 50 Midpark Rise SE.

#### **What age groups can attend the camp?**

We welcome campers ages 5 - 12 years old. Campers must be able to go to the bathroom without assistance.

#### **What is the camper-to-staff ratio?**

We divide our campers into groups of 20 - 25 children based on age with 2 - 3 leaders per group.

#### **Who do you hire as camp staff?**

Our Summer Day Camp Leaders are friendly, outgoing and love working with children! They are generally 15 - 25 years old. Most of them have previously volunteered with our program in past years. Those that have completed high school are typically pursuing careers that involve working with children. In addition to these great qualities, all our Leaders have a Vulnerable Sector Police Clearance and current Standard First Aid.

#### **What does a typical day at camp look like?**

We offer two types of camps at Mid-Sun; Sunsatations and Specialty Camps. To read more about how these camps are structured, please view our camp guide located on our website [www.midsun.org/daycamps](http://www.midsun.org/daycamps).

## Registration & Payments

### **How do I register my child for camp?**

From March 1 - 3, we accept online registration only for Mid-Sun Membership holders. Beginning March 4th, we accept general public registrations online, by phone, or in-person.

### **What is the cost of the camp? Are there any discounts?**

Our camps vary between \$250 - \$300 per week/per child. Families with a Mid-Sun Membership on their account will receive an Early Bird Registration incentive allowing them to register between March 1 - 3. Those without a membership can register starting March 4.

### **Is financial assistance or subsidy available?**

Mid-Sun Summer Day Camps is an unlicensed Summer Camp, so unfortunately we cannot accept subsidies or offer financial assistance.

### **What is your cancellation and refund policy?**

From March 1 - May 20, 2026, a full refund will be granted, minus a \$25 admin fee per camp, to a maximum of \$100. From May 21 - June 30, 2026, a 50% refund will be offered. After June 30, 2026, no refund will be issued unless a doctor's note is provided, or if the camper's spot can be filled; if either of these requirements are met then a 50% refund will be granted. Transfers between weeks are at the Day Camp Coordinator's discretion. To inquire about making changes to your campers enrollment, please email [daycamps@midsun.org](mailto:daycamps@midsun.org).

## Activities & Programming

### **What types of activities do campers participate in?**

We have two varieties of camps at Mid-Sun: Sunsatons and Specialty!

**Sunsation** campers are split into 4 groups of about 25 children, based on age, with 2 to 3 leaders per group. Monday to Wednesday, your camper will participate in different activities at our Community Centre such as cooking, arts, science, sports, games and lots of team-building activities. Additionally on Wednesdays, we have a special event or guest entertainer scheduled. On Thursdays, all campers visit Midnapore Lake for a day of swimming and summer fun. We have a life guard on staff to ensure your children are safe when in the water. On Fridays, we visit a new field trip location each week.

**Specialty** camps are designed for a smaller number of campers and are a

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fantastic way for your child to learn new skills this summer! From arts and science to drama and biking, our Specialty Camps have something for every type of interest! Monday to Wednesday, campers in Specialty Camps will be taught by our energetic and knowledgeable Leaders about the theme they have enrolled in! Specialty Camps participate in many of the Suninations activities such as cooking, art, and games to help break-up the day! On Thursdays, Specialty Camps will also join Suninations campers at Midnapore Lake. This day is spent playing on the beach and swimming in the water. We have a life guard on staff to ensure your children are safe when in the water. On Fridays, Specialty campers will spend the day at Mid-Sun continuing to learn more about their skill. **These campers do not attend the field trip.** Our Specialty Camps are always some of our most popular camps and are limited in capacity. Mid-Sun is extremely lucky to have such great staff bring their skills and passions to these camps and offer them to your children.

**Are field trips included in the camp? If so, where do they go?**

Yes, our Suninations Camps offer a field trip every Friday! Check out the field trip locations on our [Summer Camp Calendars](#).

**Will my child be able to choose their activities?**

No, our enthusiastic leaders and volunteers will provide our campers with a variety activities throughout the day to keep them engaged and active.

**What happens in case of bad weather?**

We are very fortunate at Mid-Sun to be located next to a large field and playground! We do our best to get some sunshine each day, but if inclement weather occurs, we typically keep our campers inside our air conditioned Community Centre.

**Is there any screen time at camp?**

We allow our campers to use their devices during pre and post care only. Between the hours of 9:00 AM - 4:00 PM, we ask that campers keep their devices in their backpacks. We encourage you to read through our Technology Policy in our [Summer Day Camp Policies document](#).

## **Safety & Health**

**What happens if my child gets sick or injured at camp?**

If your camper begins to exhibit physical symptoms of sickness, we call parents/guardians and require them to pick up their camper. If a major injury occurs, we call parents/guardians immediately. However, we do not call home for minor scrapes and bruises from playing at the park or outside. We encourage you

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to read through our Injury/Illness Policy in our [Summer Day Camp Policies document](#).

**Do you have trained medical staff on-site?**

Our leaders and Community Centre staff are trained with Standard First Aid. We also hire a full-time Lifeguard for Lake Days.

**What if my child requires special medication during camp hours?**

If your camper requires medication to be administered, Mid-Sun is able to accommodate so long as we are provided specific instructions and permissions. All prescription medications must be properly labelled, not expired, and kept in a clear plastic baggy with the campers full name. Please ensure that you communicate any medication requirements to our Day Camp Coordinator upon enrollment.

### **Meals & Snacks**

**Are meals and snacks provided, or should my child bring their own?**

No, we do not provide any meals or snacks. Campers are required to bring their own snacks, a non-microwavable lunch, and refillable water bottle.

**Is your camp nut-free?**

Yes. We strongly encourage you to view our Nut Policy located within our [Summer Day Camp Policies document](#).

### **Drop-off & Pick-up**

**What time is drop-off and pick-up?**

Because the campers go on off-site trips to the lake, day trips around the community, etc. it is imperative that campers arrive by 9:00 AM. We are unable to wait for late arrivals and may not be able to accommodate care for the day if they have arrived late.

Campers must be picked up between 4:00 - 6:00 PM. Should you wish to pick up your camper early, please notify the Day Camp Coordinator so we can make appropriate arrangements.

**What if I'm late for pick-up?**

Late pick-ups will incur a charge of \$1/minute for the first 10 minutes. After that, the charge will be \$10/minute. Repeat late pick-ups or failure to pay late pick-up charges within 24 hours may result in the removal of care. Please refer to our Late Pick-Up policy within our [Summer Day Camp Policies document](#).

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### **What are your sign in and sign out rules?**

Parents/guardians are required to physically sign in/out their camper every day at our Front Desk. Campers receive a coloured bracelet on Monday morning drop off that they must keep on throughout the week. We encourage campers and families to remember the coloured group they are in for that week, as it helps our staff locate your child more easily, if necessary for early pick up, etc.

Campers may receive permission to sign themselves out at the end of the day to walk home; however, parents/guardians must fill out our Sign Out Policy Form.

Please ensure you have supplied our Day Camp Coordinator with a list of those authorized to pick up your child. **Please remember that photo ID is required at pick-up for all persons.**

To view our Sign in/out Policy, please refer to our [Summer Day Camp Policies document](#).

## **Packing & Dress Code**

### **What should my child bring to camp each day?**

Your camper should bring snacks, a non-microwaveable lunch, a refillable water bottle, spray on sunscreen, bug spray, appropriate clothing and footwear and a hat!

On lake or water days, please ensure your camper has their swimsuit, and a towel.

We encourage all campers to bring an extra set of clothing because we know accidents and messes can happen!

Please ensure all of your campers items are clearly labelled with their full names.

### **Do you provide sunscreen and bug spray, or should I send my own?**

You are required to supply these items, please refer to our Safe-Sun and Hands off policies within our [Summer Day Camp Policies document](#).

## **Communication**

### **I'm concerned my child may struggle throughout the day. Can I contact my child during camp?**

We encourage parents/guardians to reach out to our Day Camp Coordinator and voice these concerns ahead of time. We will do our best to work with you to find a solution that works for both our camp structure and your camper.

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**Do you send daily or weekly updates to parents?**

We do not send individualized updates to parents/guardians regarding their camper. We do send out a weekly email prior to the camp start date providing information on your campers fun week ahead.

**Special Considerations**

**Can my child be in the same group as their friend?**

These requests must be communicated to our Day Camp Coordinator by email at time of enrollment and we cannot make any guarantees.

**Do you accommodate children with special needs?**

We hire an Inclusion Facilitator each year to help with our campers that may need some special accommodations. We strongly encourage you to discuss your campers special needs with our Day Camp Coordinator prior to enrollment. If we have the proper resources to accommodate, we would love to have your camper; however, this is a case-by-case scenario.

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